

Stay at home in Hemingstone but don't hide away!

You might be isolating or locked down but there's no need to feel isolated or locked in.

Here in Hemingstone we are lucky to have a great, supportive community so please carry on looking out for your neighbours.

The Parish Council has produced this leaflet to let you know about help that you can call on as we work to support each other during these unusual times.

Help is at hand

Need some shopping or another errand? Call: Sharon (07733 974487), Tony (07912 293886), Jamie (07976 011903), or Mark (07946 377650). They're all working from home in Hemingstone and are happy to help you.

Need your dog walking? Then call Amelia (01449 760641) or Faye (07578 545705).

If you're struggling with preparing food, Paul and Emma will bring you dinner (07870 192904).

If you would just like to chat to someone, no reason required, then phone Alex (01449 760641), Jood/Dave (01449 760367) or Mark (07946 377650).

If you need your bicycle servicing, Dave will help. (01449 760367).

If you're not already on it, then why not join the Hemingstone Neighbourhood local information WhatsApp group. Call or text Jamie (07976 011903) with your mobile phone number.

Virtual pub

Following the success of the first Hemingstone Virtual pub night, the Community Response Group has decided to make it a regular thing and Randy Burrows will be your next host, Saturday 11th April at 8pm. Contact Randy Burrows, randyburrowsis@yahoo.co.uk or text 07706 481545 with your email address and he'll send login details and 'instructions' in due course).

In 2 weeks' time there will be a village pub quiz (18th April, contact Paul or Alex Adams ajabasketcase@googlemail.com or text 07876 380258 and likewise they'll send login details and 'instructions' in due course.

Have you sown your sunflower seeds?

Hemingstone sunflowers

Please find included in this envelope a couple of giant sunflower seeds. We hope that you will plant these and grow them into beautiful sunflowers.

Children (and adults) may enjoy recording the growth of their sunflowers in a journal. You could share your sunflower photos, measurements, tips, tricks, thoughts and feelings on social media using the hashtag #hemingstonesunflowers.

Prizes will be awarded in September for the tallest sunflower, the largest head diameter and the best creative posts on social media. Good luck!

Easter Egg decorating

Email a photo of your decorated egg to the village website where entries will be displayed on Easter Day.

Further information

All these details will be kept updated on the village website <http://www.hemingstone.onesuffolk.net/>

If you wish to join the volunteers, please get in touch.

Take care and remember to keep following the government guidelines.

[Covid-19, Hemingstone Community response in conjunction with Hemingstone Parish Council]